



Irish
Motor
Neurone
Disease
Association



IMNDA Services Information

www.imnda.ie | Tel: 01 670 5942

The Irish Motor Neurone Disease Association (IMNDA) is here to help once you or someone you know has been diagnosed with Motor Neurone Disease (MND). We know MND is a life-changing illness, and we are here every step of the way to help you and your loved ones navigate this difficult journey. We are the only voluntary organisation in Ireland dedicated to MND. We will guide you in accessing the help and support you need.

“The support of IMNDA is a very valuable resource. They can supply the equipment I need now and may need in the future. But more importantly for me, the availability of dedicated MND nurses on call should I have any questions or concerns is hugely positive and reassuring.”

Our key services include:

- **Nursing support:** our nurse specialists will visit you in your home, link you in with local services and provide the practical, caring and experienced support for all those living with MND and their families.
- **Information and support:** we provide the latest information on MND on our website – www.imnda.ie. Check out our online community hub, which you can access through our website, where you can connect with others sharing a similar journey with MND and talk about your experiences.
- **Practical support:** access to specialised equipment on a loan basis to all when assessed by your OT, SLT, PHN, or IMNDA Nurse.
- **Financial support:** to help with the costs associated with care in the home, financial support towards the cost of holistic therapy, short hotel stays, and transport for medical appointments. More details on our website.

- **Psychological support:** we provide funding for counselling with the professional of your choice for you and your loved ones.
- **Caregiver programme:** This recurring online programme was set up in response to a survey where we looked at the needs of our MND caregivers. Funded by the Charlie Bird Development Fund, the programme is designed for family caregivers who are looking after a person living with MND. These sessions are facilitated by a psychotherapist, and cover a variety of areas including trauma and anxiety, relationships, conflict and the process of change among others. More information is available on the IMNDA website.
- **Support group for People with MND:** In 2025, we launched our peer support groups for people living with MND. These provide a fantastic opportunity to meet with other people who are going through a similar journey but also meet healthcare specialists. Following a great response to our first group session, we will introduce more of these over the coming months. Keep an eye on our website to register your interest.
- **Night Nursing support:** we also can fund up to 5 nights of night nursing during the end-of-life care in the home.

“I was given the opportunity to get counselling support for myself and a family member. I was provided with invaluable advice on how to tell my daughters about my diagnosis in an age-appropriate way.”

“The support we received from this wonderful team of nurses when my Dad was sick is immeasurable. True angels walking among us, thank you.”

Everybody's requirements vary but we are here regardless of when and how we are needed.

To register with the IMNDA please visit **www.imnda.ie**

For more information:

Tel: **01 670 5942**

Email: **services@imnda.ie**